

*Nau mai Haere mai*

# *Welcome to the Ombudsman*

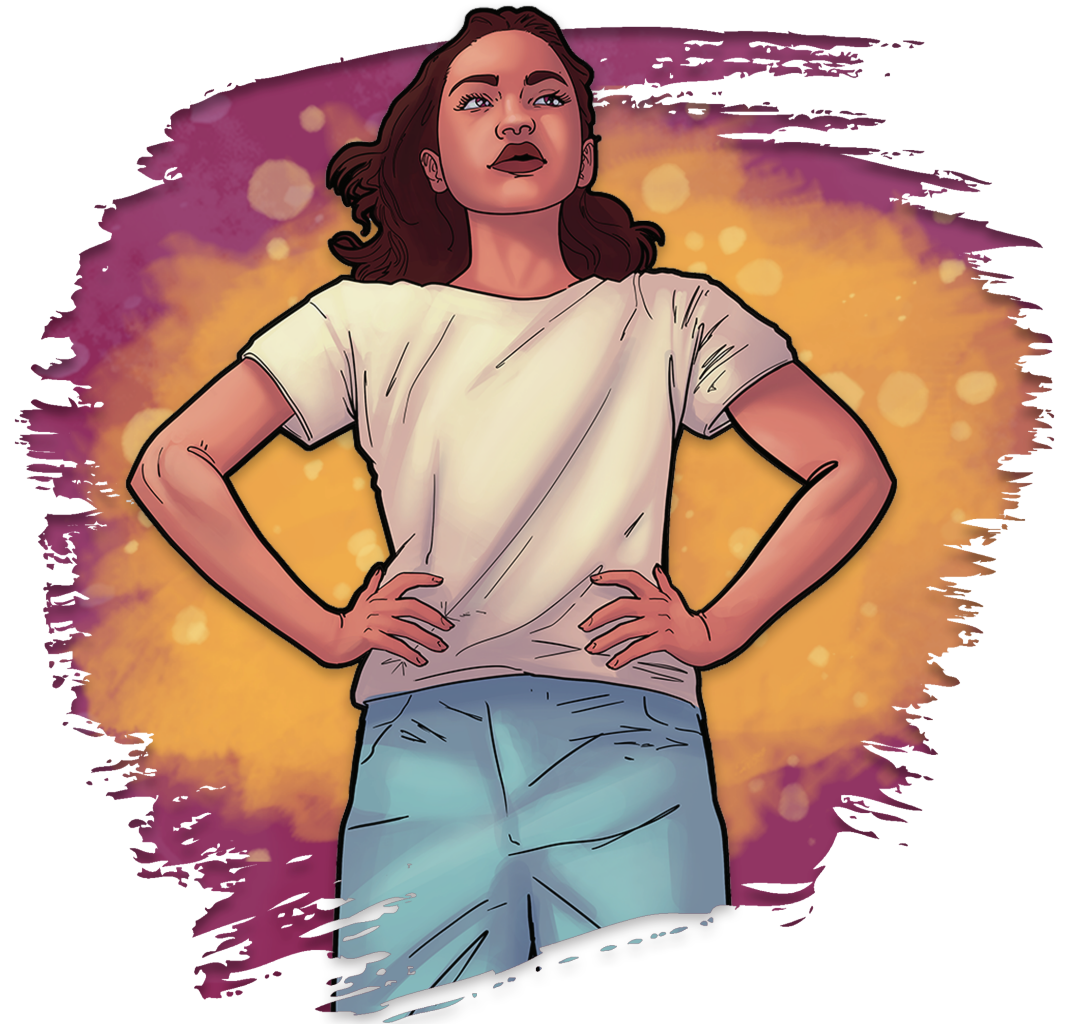
## **‘O’ is for Ombudsman**

**Whether your problem is big or small the O can help sort it out.**

**If you’re unhappy with Oranga Tamariki or one of it’s care or custody providers, you can talk to us.**

**We want you to feel safe and heard.**

**Our service is free, confidential, and you can tell us anything.**



**Ombudsman**  
Kaitiaki Mana Tangata

# Talk to the O

If you're a tamaiti/child, rangatahi/young person, or a trusted adult contacting us on their behalf, here's the process.



**Are you safe?**  
Freephone Oranga Tamariki on 0508 326 459 or the Police on 111 if you're in danger



**Are you worried** about something Oranga Tamariki or one of its care or custody providers has done, or should have done?



**Talk for free to the O** call 0800 184 184, text 8951 for a call back, or email [info@ombudsman.parliament.nz](mailto:info@ombudsman.parliament.nz)



**We'll listen,** and talk to you about how we can help



**If we can help we will,** and if we can't, we'll find someone who can